

# coop deals

JAN 21 - FEB 3, 2026

## time to reset

Steep into a new ritual with tea-licious ingredients from Yogi. With Yogi Tea on sale at the co-op, you can try out an assortment of flavors, and you can be assured that your drink is plastic-free and in a compostable tea bag.



**3.99**

**Yogi Tea  
Organic Herbal  
Tea Blends**

16 ct., selected varieties

### INCLUSIVE TRADE PARTNER

Painterland Sisters is a woman-owned company. We make delicious yogurt and work with partner farms to care for land, animals and workers.



**2/\$5** Painterland Sisters  
Organic Skyr Yogurts  
5.3 oz., selected varieties

### INCLUSIVE TRADE PARTNER



Fillo's is a Hispanic-owned company. We offer a range of reimagined Latin staples that are packed with flavor and nutrients.

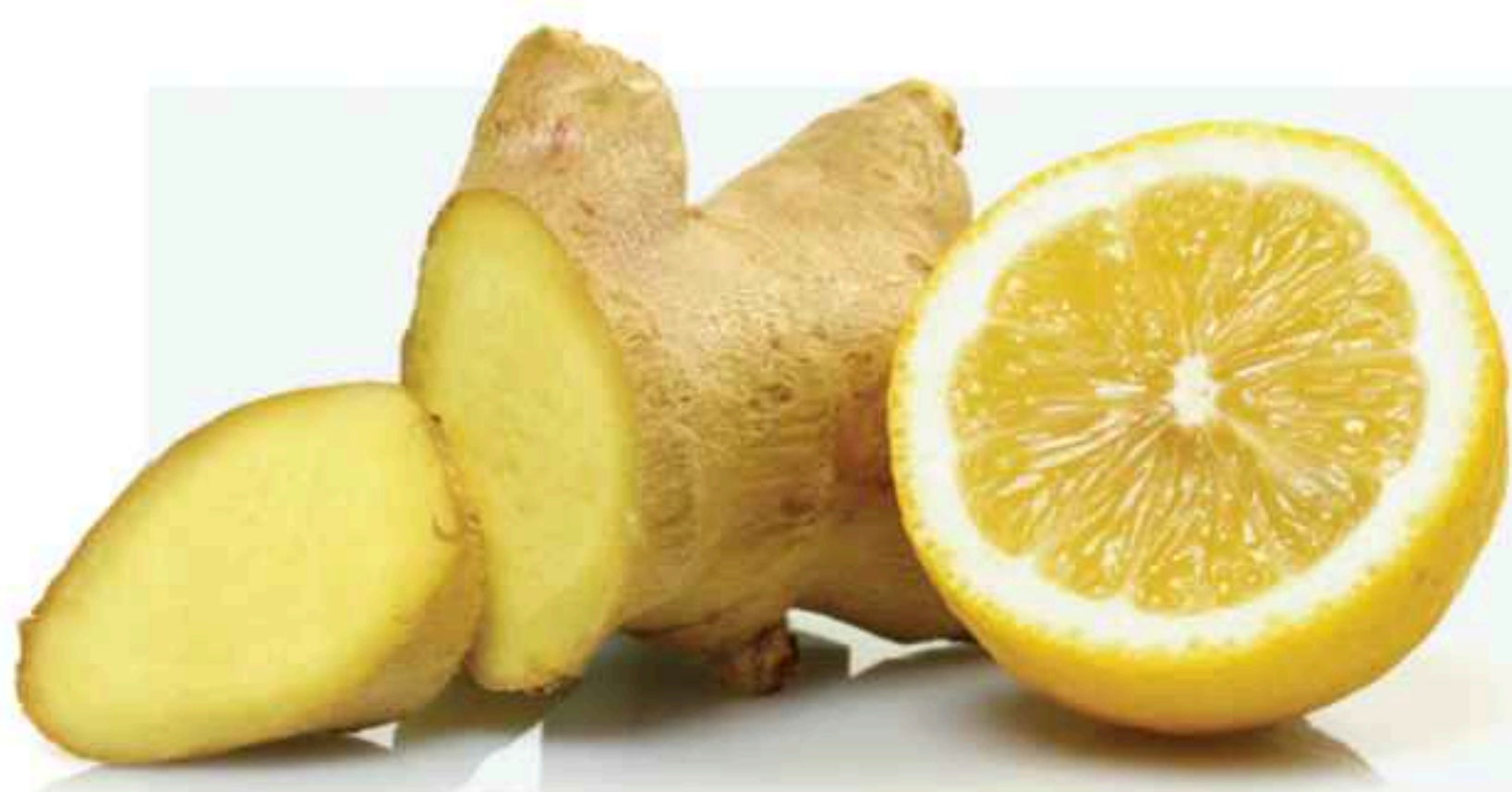
**2/\$5** Fillo's  
Walking Tamales  
4 oz., selected varieties

### INCLUSIVE TRADE PARTNER



Purely Elizabeth is a woman-owned company. We make delicious food with nourishing ingredients to help you thrive on your wellness journey.

**5.49** Purely Elizabeth  
Granola  
8-12 oz., selected varieties



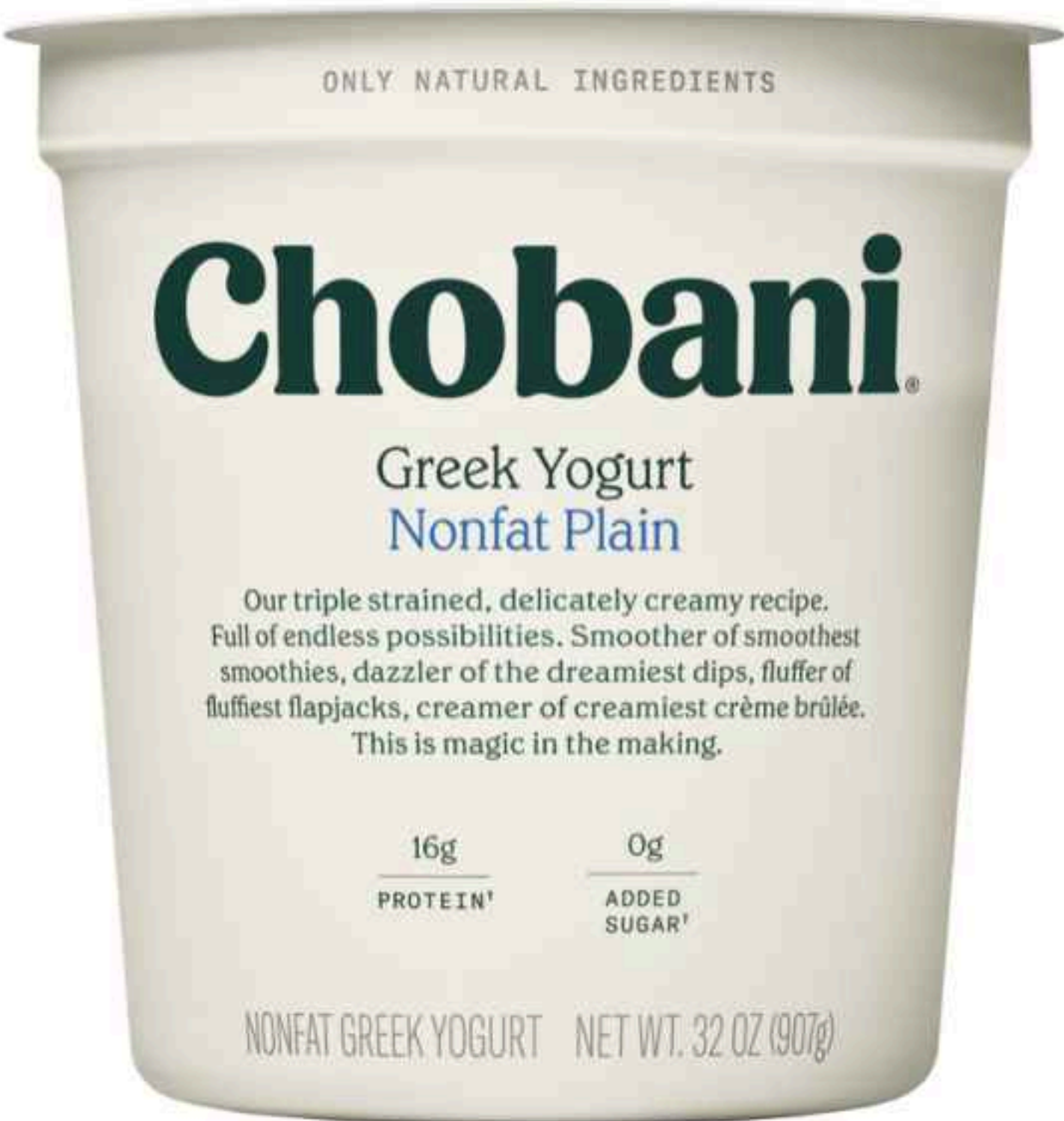
Fresh, delicious foods from the co-op.  
**Start the year off right.**





a canvas for flavor

Try our Nonfat Plain Greek Yogurt. Triple strained to be thick and creamy. Made the old-world way, locally sourced and authentically crafted, batch by single batch. Perfect for small-spoon eating or big-spoon cooking!



**4.99**  
Nancy's  
Organic Yogurt  
32 oz., selected varieties

**5.99**  
Chobani  
Greek Yogurt  
32 oz., selected varieties



The co-op has your favorite toppings.  
**Make your yogurt fun and delicious.**

original cream-top yogurt

Brown Cow yogurt is sweetened with cane sugar and maple syrup, and it's made without the use of artificial growth hormones, artificial flavors or artificial sweeteners.

**5/\$5**  
Brown Cow  
Whole Milk Yogurts  
5.3 oz., selected varieties



**1.69**  
Forager Project  
Organic Cashewmilk Yogurt  
5.3 oz. , selected varieties

**The co-op has options for busy mornings.**

Some items may not be available at all stores or on the same days





7.99

Chameleon Coffee  
Organic Cold-brew  
Concentrate  
32 fl. oz., selected varieties

smooth and creamy goodness



Almond Breeze® is a great product that comes to you with care and attention to goodness. Unsweetened Original provides a touch of the almond's natural sweetness but eliminates the added sugar.

2/\$7

Blue Diamond  
Almondmilk  
59-64 fl. oz., selected varieties



4.49

Nutpods  
Creamer  
25.4 fl. oz., selected varieties



2/\$10

Bizzy  
Organic Cold  
Brew Coffees  
48 fl. oz., selected  
varieties

protein-rich Greek yogurt

From cooking to baking to enjoying with toppings like fresh fruit and honey, there are many delicious ways to use FAGE Total. The possibilities are as endless as your imagination.



3/\$4

Fage  
Greek Yogurts  
5.3 oz., selected varieties



2/\$7

Goodbelly  
Probiotic Drinks  
32 oz., selected varieties



Fuel up for the day at the co-op.



dairy-free delights

Start fresh this January! Choose plant-based goodness with Silk Almond Milk, Silk Soy Creamer, So Delicious Coconutmilk and Coconut Yogurt. Non-GMO, unsweetened and dairy-free — perfect for your healthy resolutions.



**3.99**  
Silk  
Almondmilk  
64 oz., selected varieties



**4.49**  
Silk  
Plant-based Creamer  
32 fl. oz., selected varieties



**4.79**  
So Delicious  
Organic Coconutmilk  
64 fl. oz., selected varieties



**5.49**  
So Delicious  
Coconutmilk Yogurt  
24 oz., selected varieties

uniquely pure, simply delicious



**INCLUSIVE TRADE PARTNER**  
GT's Living Foods is family- and LGBTQIA+-owned. Crafted from two young Thai coconuts, COCOYO has billions of living probiotics delivering joy in every jar and life in every bite.

**5.49**  
GT's  
Cocoyo Yogurt  
8 oz., selected varieties



**4.99**  
Rumiano  
Organic Block Cheese  
8 oz., selected varieties



**3.99**  
Daiya  
Dairy-free Shreds  
7.1 oz., selected varieties

COOPERATIVELY OWNED



**3.99**  
Organic Valley  
Sour Cream  
16 oz.



**5.99**  
Treeline  
Dairy-free French-style Cheese  
4-6 oz., selected varieties

Try something new this year from the co-op.

Some items may not be available at all stores or on the same days





**4.49**

Miyoko's Creamery  
Organic Plant Milk  
Cream Cheese  
8 oz., selected varieties



**5.49**

Miyoko's Creamery  
Organic Plant Milk  
Cheese Spread  
8 oz., selected varieties



**5.49**

Miyoko's Creamery  
Organic Plant Milk  
Shreds or Slices  
7-8 oz., selected varieties



**5.49**

Miyoko's Creamery  
Organic Pourable  
Plant Milk Mozzarella  
16 oz.



Looks like dairy. Tastes like dairy.  
Isn't dairy. **Miyoko's** delivers the  
richness you love — organic,  
dairy-free and chef trusted.



**2/\$5**

Health-Ade  
Organic Kombuchas  
16 fl. oz., selected varieties



**3.49**

Wildwood Organic  
High Protein Tofu  
16 oz.



**5.99**

Wildbrine  
Organic Sauerkraut  
18 oz., selected varieties



**6.49**

Just  
Plant-based Eggs  
16 oz.



Find great deals at the co-op.

Some items may not be available at all stores or on the same days





**2/\$7**  
Vital Farms  
Butters  
8 oz., selected varieties



**5.79**  
Vital Farms  
Pasture-raised  
Liquid Whole Eggs  
16 oz.



**8.99**  
Vital Farms  
Organic Pasture-raised  
Large Grade A Eggs  
1 doz.

*raising standards*

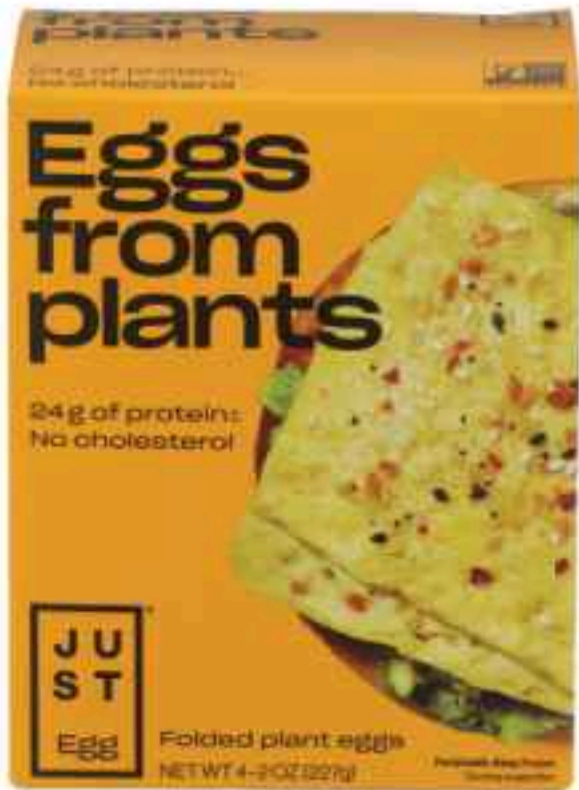
Our pasture-raised eggs and butter are cultivated with respect from farmers who care, giving you honest ingredients to start the year right.



**4.99**  
Applegate  
Breakfast Sausage  
7 oz., selected varieties



**4.99**  
Little Northern  
Bakehouse  
Gluten-free Bread  
or Bagels  
14-17 oz., selected varieties



**5.39**  
Just  
Folded Plant-based Eggs  
8 oz.



**5.99**  
Meati  
Plant-based  
Cutlets  
7.4-8.8 oz., selected varieties



**5.99**  
Amy's  
Frozen Meal  
8.25-10.3 oz., selected varieties



**6.99**  
Caulipower  
Frozen Pizza  
10.9-11.85 oz., selected varieties




**6.99**  
Diestel  
Sliced Deli Meat  
5-6 oz., selected varieties

**Get cooking with ingredients from the co-op.**


Some items may not be available at all stores or on the same days






**5.49**

**Food for Life**  
**Organic Bread**  
24 oz., selected varieties



**2.79**

**Woodstock**  
**Organic Frozen Vegetables**  
10 oz., selected varieties



*naturally nutritious*

Brighten up your next meal with Woodstock Frozen Vegetables! Picked at the peak of ripeness, washed and quick frozen to lock in flavor and nutrition for everyone to enjoy.



Shop the co-op for winter warmers.

**Find comfort food at the co-op.**



*thoughtfully selected ingredients*

We invite you to experience and enjoy the delicious foods — like these grain-free, gluten-free tortillas — that bring us together around the table. ¡Buen Provecho!

**6.99**

**Siete**  
**Tortillas**  
7 oz., selected varieties



**4.99**

**Rudi's**  
**Organic Bread**  
22 oz., selected varieties

**The co-op has essential meal ingredients.**





**5.49**  
Maranatha  
Organic Peanut Butter  
16 oz., selected varieties



**3.79**  
Pacific Foods  
Plant-based  
Beverage  
32 fl. oz., selected  
varieties



**2.99**  
Nutpods  
Creamer  
11.2 fl. oz., selected varieties



COOPERATIVELY OWNED  
**4.99**  
Simply  
Organic  
Cinnamon  
2.45 oz.



**6.49**  
Rishi  
Organic Tea  
15 ct., selected varieties



**10.99**  
Justin's  
Almond Butter  
16 oz., selected varieties



*wake up,  
it's go time*

**EASY MORNINGS**  
Take the mundane out of your morning routine and kick-start the day with delicious breakfast and beverage options available at the co-op. How you set the tone for the day makes a big difference, so be sure to get started by fueling yourself well.



**3.99**  
R.W. Knudsen  
Organic Juice Blends  
32 fl. oz., selected varieties

**The co-op has all your morning essentials.**

Some items may not be available at all stores or on the same days





2/\$8

Celestial Seasonings  
Herbal Teas

18-20 ct., selected varieties



2/\$4

Earth's Best  
Organic Yogurt Smoothies

4.2 oz., selected varieties



4/\$5

Larabar  
Fruit & Nut Bars

1.6-1.7 oz., selected varieties



3.79

MadeGood  
Organic  
Granola Bars

4.25-5.3 oz., selected varieties



4.49

Puffins  
Cereals

10-11 oz., selected varieties



4.49

Bear  
Fruit Snacks

5 pk.-7 oz., selected varieties



4.69

One Degree  
Organic Foods  
Sprouted Rice  
Cereal

8-10 oz., selected varieties



new year, organic you

Savor the best, always-organic, non-GMO oatmeals from Nature's Path — nutritionally dense and full of health benefits. Kick start organic YOU this year!

3.79

Nature's Path Organic  
Instant Oatmeal

11.3-14 oz., selected varieties



4.69

Nature's Bakery  
Fig Bars

6pk.-2 oz., selected varieties

Breakfast and pantry favorites are at the co-op.





**2/\$5**

**Westbrae**  
**Organic Beans**  
15 oz., selected varieties

*imagine the possibilities*



At Imagine, we believe the best food starts with real ingredients. We offer a variety of organic, non-GMO and nutrient-packed soups, broths and bone broths that deliver a difference you can taste in every spoonful.

**2/\$7**

**Imagine**  
**Organic Broths**  
32 fl. oz., selected varieties



**1.59**

**Take Root**  
**Organics**  
**Tomato Paste**  
6 oz.



*everyday low price*

**2.29**

**Field Day**  
**Organic Coconut**  
**Milk**  
13.5 fl. oz., selected varieties



**2/\$5**

**Wild Planet**  
**Sardines**  
4.4 oz., selected varieties



**4.99**

**Bar Harbor**  
**Chowder or**  
**Bisque**  
15 oz., selected varieties



**5.49**

**Bragg**  
**Organic Apple**  
**Cider Vinegar**  
32 fl. oz.

Never miss your  
**favorite deals**



**Co+op deals.**

**Download the App!**

Find your closest  
food co-ops  
See what's on sale  
Never miss your  
favorite deals

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



**Download the Co+op Deals app today.**





**2/\$3**  
Culture Pop  
Probiotic Sodas  
12 fl. oz. can, selected  
varieties



**5.49**  
Zevia  
Zero Sugar Soda  
6 pk.-12 fl. oz. cans,  
selected varieties



**5.99**  
LaCroix  
Sparkling Water  
12 pk.-12 fl. oz. cans,  
selected varieties



**8.99**  
Primal Kitchen  
Avocado Oil Mayo  
12 fl. oz., selected  
varieties



**9.99**  
Navitas Organics  
Unsweetened  
Cacao Powder  
8 oz.



**17.99**  
Napa Valley Naturals  
Organic Extra Virgin  
Olive Oil  
25.4 fl. oz.

*colorful  
and nourishing*

**SCAN QR CODE FOR RECIPE**

There are plenty of inspiring recipes on grocery.coop, and this tuna nicoise one is an easy win! Try this classic version full of veggies that will pack in the protein and vitamins for a quick but delicious lunch.



**3.29**  
Safe Catch  
Elite Wild Tuna  
5 oz.

*scoop up the savings in bulk!*



**1.69**  
Organic Steel  
Cut Oats  
per pound in bulk



**3.49**  
Organic  
Kidney Beans  
per pound in bulk



**4.99**  
Organic  
Pumpkin Seeds  
per pound in bulk

**Find all your bulk items at the co-op.**

Some items may not be available at all stores or on the same days





**4.99**  
Garden of Eatin'  
Organic Tortilla Chips  
14 oz., selected varieties



**2.99**  
Pirate Brands  
Aged White  
Cheddar Puffs  
4 oz.



**2/\$6**  
Wasa  
Crispbreads  
4.9-9.7 oz., selected  
varieties



**2/\$6**  
Angie's  
Boomchickapop  
Popcorn  
4.4-7 oz., selected  
varieties



*everyday low price*  
**3.49**  
Field Day  
Saltine  
Crackers  
16 oz.



**2/\$7**  
Kettle Brand  
Potato Chips  
4.25-5 oz., selected  
varieties



**3.99**  
Barnana  
Organic Plantain  
Chips  
5 oz., selected varieties



**3.99**  
Siete  
Tortilla Chips  
5 oz., selected varieties



**4.49**  
Alter Eco  
Organic  
Chocolate Bar  
2.65-2.96 oz.,  
selected varieties



**4.49**  
Simple Mills  
Crackers  
4-4.25 oz., selected varieties



**4.49**  
Vita Coco  
Coconut Water  
33.8 fl. oz., selected  
varieties



**2/\$9**  
Back to Nature  
Sandwich Cookies  
7.5-9 oz., selected  
varieties

**The co-op has all your favorite snacks.**

Some items may not be available at all stores or on the same days





2.99

Orgain  
Nutritional or Protein Shake  
11 fl. oz., selected varieties



9.69

Jarrow Formulas  
Methyl B-12 1000mcg  
100 ct.



12.99

Nature's Way  
Umcka Syrup  
4 fl. oz., selected varieties



2/\$6

Vive Organic  
Wellness Shots  
2 fl. oz., selected varieties



21.99

Barlean's  
Organic Flax Oil  
16 fl. oz., selected varieties



31.99

Four Sigmatic  
Organic Protein Powder  
16.9-21.16 oz., selected varieties

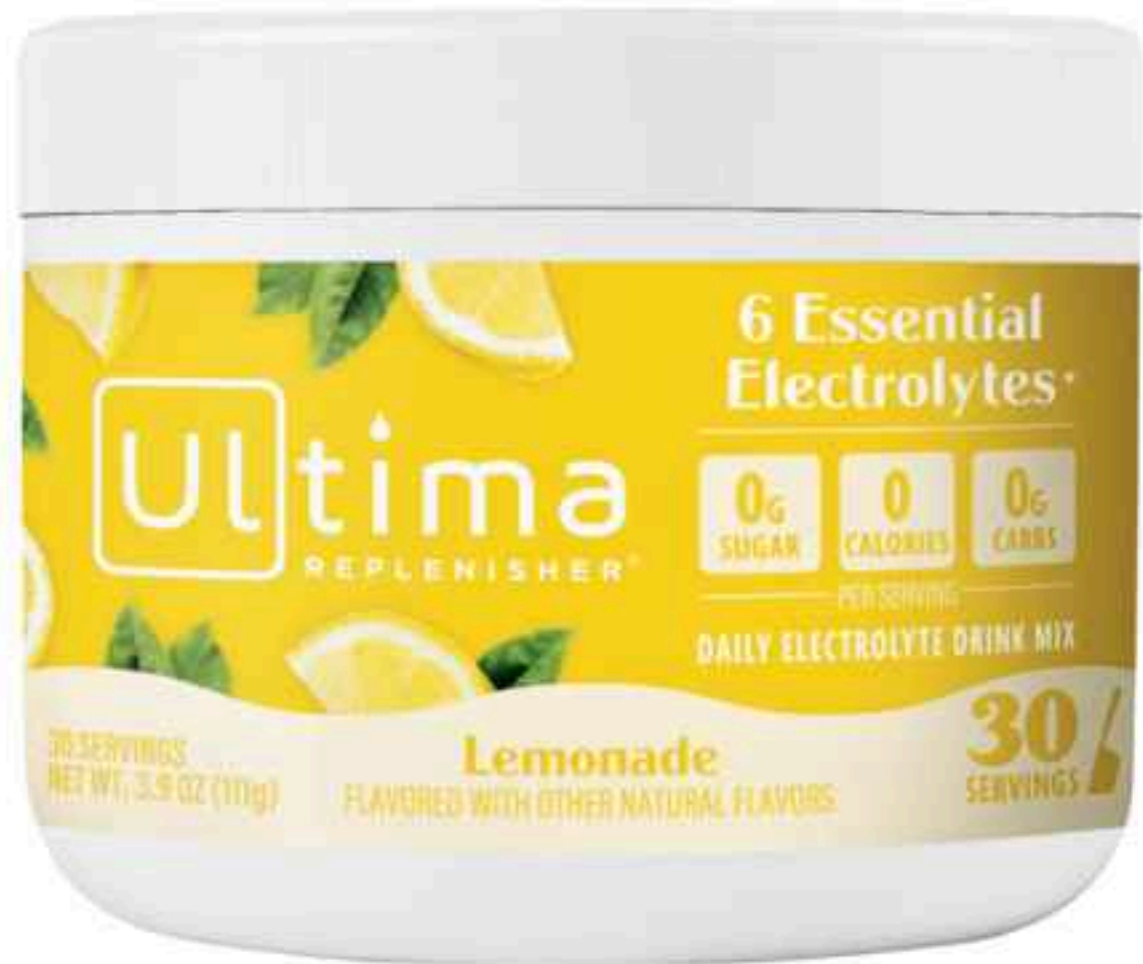


*organic cleansing*

Our fair-trade organic Psyllium is grown on small family farms, using micro irrigation for 50% less water usage. No synthetic fertilizers or pesticides are ever used.

10.39

Organic India  
Psyllium Husk Fiber  
12 oz.



15.99

Ultima Replenisher  
Electrolyte Powder  
3.4-3.9 oz., selected varieties

The co-op has trusted wellness products.

Some items may not be available at all stores or on the same days



pioneers  
with purpose

At **ACURE**, we have one simple mission: to make clean beauty products accessible. Through ongoing product development and rigorous clinical trials, we've developed skincare, haircare and body care that's powerful for the skin yet gentle on the planet.



6.99  
Acure  
Brightening  
Facial Scrub  
4 fl. oz.



11.99  
Acure  
Brightening  
Day Cream  
1.7 fl. oz.



12.99  
Acure  
Brightening  
Night Cream  
1.7 fl. oz.



5.99  
Acure  
Shampoo or  
Conditioner  
8 fl. oz., selected varieties



2.99  
The Humble Co.  
Floss Picks  
50 ct., selected varieties



4.99  
Desert Essence  
Toothpaste  
6.25 oz., selected varieties

better soap, happier hands

Made with essential oils, EWG Verified and packaged in a 100% post-consumer recycled plastic bottle — a refreshing, scent-filled clean for all.

3.69  
Everyone  
Hand Soap  
12.75 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Giovanni is a veteran-owned company. We make cutting-edge, fashion-forward natural hair care a reality.

6.79  
Giovanni  
Shampoo or  
Conditioner  
8.5 fl. oz., selected varieties



Inclusive trade

The best of body care products are at the co-op.

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# try something new

## EASY RESOLUTIONS

2026 is off and running! The co-op is a great place to try something new this year!



## try new recipes

Cooking at home doesn't have to be a chore and a bore. If you're wanting to do less take out and more cooking at home, then these recipes are a great place to get started.



## try brands doing good for the community

The co-op supports so many brands that are making their communities and the planet a better place. Check out Inclusive Trade and Co-op Trade brands throughout the co-op for products that align with your values.



## try new flavors

New spices may be the key to a more delicious year ahead. Take a few tried-and-true meals you've made in the past and add some new flavors this year!



## try DIY wellness

The co-op has more than just food. There are also great ideas for DIY projects at home. How about adding some glow to your dry winter skin with this amazing DIY honey facial?



## 100% recycled paper

Seventh Generation's Bath Tissue does its job well and helps you consider your impact on the environment! It is whitened without chemicals containing chlorine and made from 100% recycled fiber.



**3.99**

**Seventh Generation  
100% Recycled Bath Tissue**  
4 ct.



**12.99**

**Biokleen  
Liquid Laundry  
Detergent**  
64 fl. oz., selected  
varieties



**Try something new this year from the co-op.**



Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Placerville Food Co-op

Sacramento Natural Foods Co-op

SLO Food Co-op

Ukiah Natural Foods Co-op

IDAHO

Boise Co-op

Moscow Food Co-op

MONTANA

Community Food Co-op

NEVADA

Great Basin Community Co-op

OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

Coos Head Food Co-op

First Alternative Co-op

Medford Food Co-op

People's Food Co-op

WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Food Co-op

The Food Co-op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

muscle recovery



Needing a boost with post-workout muscle recovery? Our protein bars are made with 20g of plant-based protein, with an indulgent chocolate coating for a bar that's delicious and nutritious.

2.29

Probar Protein Bar

2.46 oz., selected varieties



6.49

Kashi Cereal

12.3-18 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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